

Julia Bowlin, M.D.

Physician, Author, Speaker



Dr. Julia Bowlin is a physician, author, speaker, and educator who is consistently voted one of the “Nation’s Top Family Doctors” by the Consumer’s Research Counsel of America. The International Woman’s Leadership Association has also declared her a “Woman of Outstanding Leadership”. She is the Founder of Personal Awareness Medicine™ and Creator of the PAWAR® Course.

When Dr. Julia isn’t working with patients on developing their conscious awareness and strengthening their emotional intelligence when it comes to illness detection, prevention, and treatment, she instructs students at the University of Dayton and Marrietta College as an associate clinical professor of medicine, and also serves as the director of allergy practice at the Family Health Services of Darke County in Ohio.