

Julia A. Bowlin, M.D.
Physician, Author, Speaker, & Educator

Family Health Services
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Education:

Family Medicine Residency 1993-1996 St Elizabeth Medical Center Dayton Ohio

Wright State University: School of Medicine

Medical Doctor Degree received June 1993

Activities: Psychiatry Club, 1989-1993 (VP, 90-91; President, 91-92)

American Medical Student Association, 1989-1993 (VP local chapter 90-91; Regional and National Conferences 91-92)

Family Practice Club, 1989-1993

Pediatric Club, 1990-1993

National Association of Women Surgeons, 1991-1993

Ohio State Medical Association, 1989-2013

OB/GYN Club, 1990-1993

Surgery Club, 1989-1991

Omelepe Island, Nicaragua Primary Care Elective, 1993 and 1995

Appalachian Mountains Internal Medicine Elective, 1990

Earlham College

Bachelor of Arts Degree received June 1988

Major: Socio-Anthropology / Pre-Med

Honors and Activities: GPA, 3.33; Phi Beta Kappa; National Association of Women's Scientists, 1986-1988, Pre-Medical Society, 1986-1988

The Ohio State University

Attended 1984-1986

Major: Sociology

Academic Positions:

2015-present Associate Clinical Professor of Medicine University of Dayton

2013 – Present President & CEO JuliaBowlinMD,LLC

Founder Personal Awareness Medicine™ and creator of the PAWAR® Online education course

2013-present Director of Allergy Practice Family Health Greenville, Ohio

2000-2013 Medical Director of Allergy Practice Versailles Health Center

2009-Present Associate Clinical Professor Marietta College
1993 – 2006 Wright State University; School of Medicine
Associate Clinical Professor of Medicine

Professional:

2000-2013 Versailles Medical Center Medical Director and CEO, Physician
Practitioner Family Medicine,
Certified Allergy & Environmental Medicine, and Laser Certified Hair
and Vein Therapy.

2000-Present Staff Physician Versailles Healthcare Center (Nursing Home)

2000-Present Courtesy Staff of:
Upper Valley Medical Center
Wayne Hospital
Wilson Memorial Hospital

1996-2000 Northern Hospital Surrey County Physician Employee
July 1993 – 1996 St. Elizabeth Hospital
Family Practice Resident (July 1993 – 1996)
Dayton, OH

11/1994 – 1996 St. Elizabeth Hospital
Associate Physician
Dayton, OH

August 1994 – 1996 Wright Health Associates
Associate Physician
Dayton, OH

10/1994 – 1996 Wilson Memorial Hospital
Associate Physician
Sidney, OH

Fall 1996 Meadowdale High School
Sports Physician for football team
Dayton, OH

Community Activities:

Toastmasters International: Presently a Distinguished Toastmaster, Member 2007 to present.

Co-counselor, Weekend Intervention Program (Alcohol/Drug Assessment) 1990-1993
Co-Counselor, Eating Disorder Support Group, 1987-1988

Geriatric Reminiscent Program, 1987-1992
Peer Discussions in Teen Pregnancy Prevention, 1989-1991
Hopeland Health Center Family Practice Review Committee, 1993-1996
Hospice Medical Director, Mt. Airy, 1996-2000
Volunteer Surrey Medical Ministries, 1997-2000
Medical Director Versailles Medical Center 2000-present
Professional Speaker 2008-Present
Health Education Professional Speaker

Licensure / Certifications:

DTM Toastmasters International
Protrack Professional Speaker Training: National Speakers Assoc. 2011
Board Certified Licensed Family Physician, State of Ohio 1993- present
Basic Life Support Certified
Pediatric Advanced Life Support Certified
Advanced Cardiac Life Support Certified
SET/Food Provocative/ Neutralization Allergy testing for chemicals, inhalants and foods
1640 Nd Yag Laser Certification 2003-2012
North Carolina Medical Board Licensure 1996-2000
Ohio Medical Board Licensure 1996 to present

Memberships:

American Medical Association (AMA)

Ohio State Medical Association (OSMA)

American Academy of Family Practitioners

American Academy of Environmental Medicine

Toastmasters International 2007 to present: Secretary 2008, President 2009-2010,

Area Governor 2009-2011

Professional Women in Healthcare Organization Member 2016-present

International Women's Leadership Association Member (IWLA)n 2015-present

Society of Physician Entrepreneurs Member 2015-present

National Association of Professional Women (NAPW) member 2015- present

Associate Clinical Professor: University of Dayton Physician Assistant Program and
Marietta College

Honors:

Declared "Woman of Outstanding Leadership" by the IWLA 2015

Voted "One of Nation's Top Family Doctors" multiple years 2005- present
by Consumer's Research Counsel of America

Subscriptions:

Medical Economics, American Family Physician, Patient Care,
Cortland Forum, Consultant, Core Content Review, Up to Date

Interests:

Professional Motivational Speaking and Writing, Socio-Anthropology,
Running, Exercise and Health, Dietary and Nutritional Health, Family Unity, Psychological
Effects of Illness, Traveling, Community Motivation, Psychology of Food

Publications:

**Book: 2013 "To ME I Thee Wed: Be Your OWN Better Half; Learn How to Love, Honor, & Cherish
Yourself Forever After"**

Public Education: Multiple Tele-classes and Online Course